



# Unpacking Racism

## Tools to Support Leaders and Ministries

Consolidated by Greg Coles, *UWM Consultant & Great Lakes Regional Rep*

“White people need a space for themselves to study and learn about unconscious bias and implicit bias.” – UWM’s *Embracing Our Humanity*

“Color blindness is ignorance. Seeing color is Color Bravery.” – Kevin Ross

“We each have racist conditioning. Being anti-racist means having the courage, honesty, caring and dedication to uproot that conditioning—in ourselves and our world.” – Tara Brach

### UWM VIDEOS TO SHARE ON YOUR WEBSITE & FACEBOOK PAGE:

Open Letter to Black America from Unity Ministers (1:38)

[https://www.youtube.com/watch?v=cYX\\_0zyxxfY&feature=youtu.be&fbclid=IwAR0PM6yYrljAR-XVrSyFVpgdXatIQSXWo7df3Y3E2QoSX3kk23HeRy\\_A3b0&app=desktop](https://www.youtube.com/watch?v=cYX_0zyxxfY&feature=youtu.be&fbclid=IwAR0PM6yYrljAR-XVrSyFVpgdXatIQSXWo7df3Y3E2QoSX3kk23HeRy_A3b0&app=desktop)

A Stand for Humanity (3:16)

[https://www.youtube.com/watch?v=368\\_24AWTil](https://www.youtube.com/watch?v=368_24AWTil)

Embracing Our Common Humanity: Supporting Healing and Justice (1:21:10)

[https://www.youtube.com/watch?v=56Q9b7K9Ezc&feature=youtu.be&fbclid=IwAR23xuozVDm-UxsdDFOF3g9caVuWqjNt0\\_e3MY6XZMJ4TTuGR0LtbZI9XiU4](https://www.youtube.com/watch?v=56Q9b7K9Ezc&feature=youtu.be&fbclid=IwAR23xuozVDm-UxsdDFOF3g9caVuWqjNt0_e3MY6XZMJ4TTuGR0LtbZI9XiU4)

### UWM PAGES & RESOURCES TO SHARE

Dismantling Racism - Virtual Video Conference – Thurs June 25, 1pm ET (10am PT)

<https://theunitycenter.churchcenter.com/registrations/events/441717>

UWM Diversity Statement

<https://www.unityworldwideministries.org/sites/unityworldwideministries.org/files/DiversityStatementUWM.pdf>

## Unity Social Action Position

<https://www.unityworldwideministries.org/sites/unityworldwideministries.org/files/UnityStatement%20of%20Social%20Action%20Position.pdf>

### **BOOKS for self-learning, conversation and discussion groups:**

“White Fragility” by Robin DiAngelo

“Nice Racism” by Robin DiAngelo

“How to be an Anti-Racist” by Ibram X Kendri

“Stamped from the Beginning” by Ibram X Kendri

“Seeing White” by Jean Halley, Amy Eshleman & Ramya Mahadevan Vijaya

“Waking up White” by Debby Irving

“Post Traumatic Slave Syndrome” by Joy DeGruy

“The Inner Work of Racial Justice” by Rhonda V Magee

“Creating a World that Works for All” by Shariff Abdullah

“Biased” by Jennifer L Eberhardt

“Courageous Conversations About Race” by Glenn E Singleton

“Dear White Christians” by Jennifer Harvey

“Radical Compassion” by Tara Brach

“Black and White: Styles in Conflict” by Thomas Kochman

“Multiplication is for White People” by Lisa Delpit (racism in K-12 education)

“The Beauty in Breaking” by Michelle Harper

“Be the Bridge: Pursuing God’s Heart for Racial Reconciliation” by LaTasha Morrison

### **ARTICLES to read, share and discuss:**

“What I Said When My White Friend Asked for My Black Opinion on White Privilege” by Lori Lakin

<https://onbeing.org/blog/what-i-said-when-my-white-friend-asked-for-my-black-opinion-on-white-privilege/>

“Confronting Racism is not about the Needs and Feeling of White People” by Ijeoma Oluo

<https://www.theguardian.com/commentisfree/2019/mar/28/confronting-racism-is-not-about-the-needs-and-feelings-of-white-people>

“I Am Racist, And So Are You” by Rachael Shadoan

<https://humanparts.medium.com/i-am-racist-and-so-are-you-5f70346d4463>

“Embracing Grief” by Sobonfu Some

<http://www.sobonfu.com/articles/writings-by-sobonfu-2/embracing-grief/>

“How to Be a Privilege Traitor” by Karla McLaren

<https://karlamclaren.com/how-to-be-a-privilege-traitor/>

“A Letter to Roy. He’s the black guy in my pictures.” By Scot Lloyd

<https://scotlloyd.blog/2020/06/11/a-letter-to-roy-hes-the-black-guy-in-my-pictures/>

## **VIDEOS for self-learning, conversation and discussion groups:**

“White Like Me” w Tim Wise (1:04:59)

[https://www.youtube.com/watch?v=uv\\_Y9ah049Y](https://www.youtube.com/watch?v=uv_Y9ah049Y)

“Seeing White” w John Biewen, TEDxCharlottesville (18:32)

<https://www.youtube.com/watch?v=Qy-r-3W2Fkg>

“The George Floyd Crisis: Changing the Narrative” w Shariff Abdullah (37:36)

<https://www.youtube.com/watch?v=T5facpTVDFI&feature=youtu.be>

“Uncomfortable Conversations with a Black Man” (9:27)

<https://www.youtube.com/watch?v=h8jUA7JBkF4>

“Sustaining Our Caring” with Tara Brach (41:25)

<https://www.youtube.com/watch?v=8VoW8gYcAk4>

Trevor Noah’s The Daily Show (18:12)

[https://www.youtube.com/watch?v=v4amCfVbA\\_c](https://www.youtube.com/watch?v=v4amCfVbA_c)

Amy Cooper youtube video: <https://www.youtube.com/watch?v=laIQ3ABWIZA>

**PODCAST:** On Being discussion with Robin DiAngelo and Resmaa Menakem

<https://onbeing.org/programs/robin-diangelo-and-resmaa-menakem-in-conversation/>

### **MOVIES to educate, awaken and discuss**

“13TH” – Documentary about systemic racism and mass incarceration in America

Movie Trailer: <https://www.youtube.com/watch?v=K6IXQbXPO3I>

“Just Mercy” – A movie highlighting the effects of racism in our justice system

Movie Trailer: <https://www.youtube.com/watch?v=q7MxXxFu6fl>

“I Am Not Your Negro” – based on the book by James Baldwin

Movie Trailer: <https://www.youtube.com/watch?v=rNUYdglYaPM>

### **SUGGESTED WEBSITES**

“Talking about Race” Web portal from National Museum of African American History & Culture

<https://nmaahc.si.edu/about/news/national-museum-african-american-history-and-culture-releases-talking-about-race-web>

[janeelliott.com](http://janeelliott.com)

[robindiangelo.com](http://robindiangelo.com)

[tarabrach.com](http://tarabrach.com)

### **SMALL GROUP STUDY & SUNDAY SERIES**

“**Creating a World that Works for All**” based on the book by Shariff Abdullah.

Greg Coles has created a 6 week Fall Faith Sunday series and Study Guide around this material, available to share for free – just ask.

**Shadow to Light** is a 10 week program from Shariff Abdullah of Commonway Institute. Through weekly themes of our Shadows and Light – with video lessons, guided meditations, deep inquiry, and group discussion – *S2L* offers a path to understand and resolve negative energy around some of the most pressing social issues of our time.

(**NOTE:** This program is currently being redesigned for release in the fall. For information visit <http://shariff.commonway.org/> or email [shariff@commonway.org](mailto:shariff@commonway.org) )

VIDEO: Shadow to Light: What is the Shadow? (3:43)

<https://www.youtube.com/watch?v=FaaagKLvfcM&feature=share>



### A Prayer for the Wounded Heart of Humanity

We call upon God's Love in this important moment, knowing that Divine Love is the greatest power in the Universe. We pray for the wounded heart of humanity as we grieve, rage, cry, and despair over injustice and inequity. May Divine Love enfold and comfort everyone who is hurting. May Divine Wisdom guide each person and institution in taking inspired action to ensure that all are celebrated for their inherent goodness as a part of God's creation. May we remain resolute in walking the course of human rights and social justice for all. We pray in the spirit of unity, love, and oneness. Amen.

- Rev Patricia Bass, *Interim CEO, Unity Worldwide Ministries*

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