

Let Go, Let God

Letting go and letting God, I am confident, peaceful and strong.

A young child may latch onto a favorite stuffed animal or an old blanket and carry it with them wherever they go. When the child is lonely, scared or tired, this "security blanket" is comforting. Eventually, the child learns to let go of the item and becomes aware of his or her ability to cope with these unsettling feelings.

As an adult, I may revert to fear, anxiety or doubt when I am faced with a life challenge. The security of old thought patterns may be more comforting to me than taking a different path. However, as I learn to let go and let God, I find that God has instilled in me all that I need to face life with confidence and composure.

Today I put away my security blanket. I let go, and I let God. And I am at peace.

Do not worry about anything.--Philippians 4:6

Thought. To be wealthy and prosperous we must first intend it. Sounds simple, but how often have you really taken the time to consider your intention about wealth? Do you have a wealth intention statement, something that guides your decisions? Do you think thoughts of wealth? ***The truth is we only achieve the level of wealth that we intend and believe is possible for us.***

Emotion. Try creating wealth without aligning your emotions with your intention! It doesn't work. How we feel about money and wealth influences every decision we

make. Our analytical brain makes our long term decisions, but it is our *emotional* brain that makes our day to day choices. When we make a choice not in concert with our long term best interest, ***we rationalize that choice to justify it.***

Consciousness. When things are not as we would like in our prosperity or wealth, the answer is in consciousness. What consciousness changes are needed? This is why an individualized personal practice is so essential in creating new prosperous dynamics. It allows us to step back, observe our thoughts and actions and make conscious, clear choices which create a new direction for us.

Action. Thought, emotion and design go nowhere without action. We must be in motion to make things happen. We can't think wealth and have it happen miraculously. We can't feel our way to wealth. We can't create the best plan and spontaneously become wealthy. It takes thinking, feeling, **and** action to create the wealth we want and deserve. ***Giving more than you think you can changes your consciousness and your results.***

You can continue to do what you have always done. You might eventually achieve your goals. However my experience is that without aligning thought, emotion, and action you get to work harder, work longer, sacrifice more, and achieve less than if you bring all of yourself into alignment with your personal goals and intention.

Life is yours to create as you choose. Make a choice for yourself today.