

## I Believe

Mondays, February 28th - April 18th

6:30 - 8:00 p.m.

Class led by Judy Pilat

Based on the book *"The Simple Truth: Making Sense of God, Life & Other Stuff"* by Mary-Alice and Richard Jafolla, this class explores fundamental spiritual subjects like the nature of God; Spirit, soul and body; heaven and hell; prayer and meditation; faith, gratitude and forgiveness. This book has been described as "a concise, basic guide to metaphysics".

**For information about additional classes that you can take online, at Unity Village, or at other Unity churches, please go to [www.unity.org](http://www.unity.org) and select the tab labeled Education.**

## FACILITATORS

**Tamara Ballen** has been a dedicated student of ACIM for over ten years. It's study and application have been a daily part of her life since first becoming aware of it. She feels that its impact has been life-changing for her. Tamara has facilitated a gathering of Course students for the past two years at Unity.

**Rev. Gy Ludvig** was ordained as a minister in Transylvania and first came to the United States for her Masters Degree in Counseling. She returned to the states 10 years ago as a minister in the United Church of Christ to lead a small congregation here in Kalamazoo. She is presently pursuing her ordination with Unity.

**Judy Pilat** is a career coach, life strategist and workshop facilitator with a passion for helping individuals to identify their gifts and abilities and to utilize them in ways that delight and reward. She has been a member of Unity for 10 years and is currently following the Spiritual Education and Enrichment program of study at Unity Village.

**Rev. Marty Newman** has been teaching and preaching Unity and Spiritual Principles for nearly 20 years. Having transformed her own life from depression, bankruptcy and attempted suicide she knows where of she speaks. Her passion for creating a life that works permeates every principle and class with practical approaches and practices that can transform and improve your life and circumstances. However, the transforming spiritual power of the mystical awareness of oneness is what she is always pointing toward.

**Erika Oliver**, MPA, is a Positive Approach Coach who helps people find their "happy". Erika is a recovering pessimist, teacher and author who shares happiness strategies with people, teams and organizations to achieve prosperity, productivity and peace. Erika and her husband, Mark, are new to attending service at Unity but were married at Unity 23 years ago!

**Rainbow Weldon** is a licensed spiritual practitioner with Centers for Spiritual Living. She studied at Bodhi Spiritual Center in Chicago with Rev. Mark Anthony Lord where she created and directed the CSL Uth (Youth and Family Ministry). Rainbow has led classes, workshops and inspirational talks at New Thought centers in Chicago, Los Angeles, Milwaukee, Georgia and Hawaii. Rainbow is one of the youth curriculum writers for United Centers for Spiritual Living and is leading the teen program for the New Thought New World Conference in Chicago.

**Heather Marsh-Prelesnik** now back in her hometown of Kalamazoo, MI, has been serving the greater New Thought community for the past five years with her voice and work with youth. Heather sang with the select group "BAM" and assisted with the choir at Bodhi Spiritual Center. She has been a guest soloist for spiritual centers across the country and was a member of the elite group, "Namaste" at the NoHo Arts Center for New Thought. Heather is a featured vocalist for the New Thought New World Conference in Chicago.



Awaken to Spirit  
Grow into our soul  
Build a better world

## Class Schedule 2010-2011

Unity of Kalamazoo Church  
1204 Whites Road  
Kalamazoo MI 49008

Phone: 269-385-2239  
Fax: 269-385-4826  
office@unitykalamazoo.com  
www.unitykalamazoo.com

## JULY 2010-2011

### A Course In Miracles (ACIM)

2nd & 4th Mondays - *Ongoing*

7:00 - 9:00 p.m.

Class led by Tamara Ballen

This group meets to support one another as we work together in both the daily lessons and text. Active participation and open dialogue are encouraged and those who wish to observe are welcome as well. We seek to turn the words of this beautiful guide into living actuality. \*books available in bookstore

## AUGUST 2010

### Happy Camp: Strategies to Feeling Good

Tuesdays, August 3rd - 31st (no class Aug. 24th)

5:30 - 7:00 p.m.

Class led by Erika Oliver

Do you want greater self-esteem, productivity, and joy in daily living? This hands-on class explores and discusses strategies to feel good, every day, no matter what. Based on the innovative "Ten Days to Self-Esteem" by David Burns, M.D. and "Happy Crap: The Power of Positive Assumptions" by Erika Oliver this class will help you assess your current level of happiness, practice strategies for improvement and develop a personal happiness plan.

"Ten Days to Self-Esteem" (\$16.95) by David Burns, M.D. is recommended but not required. Available through Amazon.com

### Global Tree's Spiritual Coffeehouse

Sundays, beginning August 8th - *Ongoing*

6:00 - 9:30 p.m.

Led by Rainbow Weldon & Heather Marsh-Prelesnik

Nurture your mind, body and soul with live music, chants, moving meditation, affirmative prayer and an inspirational message. Gluten-free, organic food, fair trade coffee and herbal tea available. Experiential workshops & class providing an opportunity to deepen practical spirituality for daily living. Coffee-house events offered on a donation basis.

## SEPTEMBER 2010

### WEDNESDAY NIGHT

### MEDITATION & SOUL FOOD

#### Spiral Dynamics

1st Wednesdays, September 1st - December 1st

7:00 - 8:30 p.m.

Class led by Rev. Marty Newman

#### Bible Interpretation

2nd Wednesdays, September 8th - December 8th

7:00 - 8:30 p.m.

Class led by Judy Pilat

#### Personal Responsibility

3rd Wednesdays, September 15th - December 15th

7:00 - 8:30 p.m.

Class led by Gy Ludvig

#### Prosperity

4th Wednesdays, September 22nd - December 22nd

7:00 - 8:30 p.m.

Class led by Judy Pilat & Rev. Marty Newman

#### Open Class

5th Wednesdays, September 29th

7:00 - 8:30 p.m.

Class led by TBA

#### Spiritual Practice

Sundays, September 12th - October 17th

12:30-2:00 p.m.

Class led by Rev. Marty Newman

## JANUARY 2011

### WEDNESDAY NIGHT

### MEDITATION & SOUL FOOD

#### Twelve Powers

1st Wednesdays, January 5th - December 7th

7:00 - 8:30 p.m.

Class led by Rev. Marty Newman

### Bible Interpretation

2nd Wednesdays, January 12th - December 14th

7:00 - 8:30 p.m.

Class led by Judy Pilat

### Personal Responsibility

3rd Wednesdays, January 19th - December 21st

7:00 - 8:30 p.m.

Class led by Gy Ludvig

### Prosperity

4th Wednesdays, January 26 - November 23rd,

7:00 - 8:30 p.m.

Class led by Judy Pilat & Rev. Marty Newman

### Open Class

5th Wednesdays, March 30th - November 30th

7:00 - 8:30 p.m.

Class led by TBA

## FEBRUARY 2011

### The Five Principles

Saturdays, February 12th - March 5th

9:30 - 11:30 a.m.

Class led by Judy Pilat

The Five Principles offers an intelligent, accessible, probing exploration of the Unity movement's essential teachings. These same principles reflect the laws of the universe that apply to everyone, all the time. They show up in every major religion, and are reflected in the teaching of Jesus Christ.

### The Intersection of Joy and Money

Tuesdays, February 1st - April 20th

7:00 - 8:30 p.m.

Class led by Rev. Marty Newman

*The Intersection of Joy and Money* helps you to bring personal power to your relationship with money by taking 5 paths to self discovery and self actualization. Travel these paths to convert your money fantasies into money truths. Choice is the ultimate power.